

# Angie Lien

## SENIOR LADIES



Born: Jan. 16, 1981 – Duluth, Minn.

Height: 5'6"

Home Club: Duluth FSC

Hometown: Superior, Wis.

Training Town: Duluth, Minn.

Coaches: Zoe Hill & Heather Seyfer

Choreographer: Tom Dickson

Short Program Music: "Toccatina and Fugue" by Bach

Free Skate Music: Soundtrack to "The Legend of 1900" by Ennio Murricono

### COMPETITIVE HISTORY

2007 Midwestern Sectional . . . . .3rd	2002 Upper Great Lakes Regional . . . . .5th
2007 Upper Great Lakes Regional . . . . . 1st	2001 Midwestern Sectional . . . . .6th
2006 Midwestern Sectional . . . . .6th	2001 Upper Great Lakes Regional . . . . . 1st
2006 Upper Great Lakes Regional . . . . .3rd	2000 Midwestern Sectional . . . . . WD
2005 State Farm U.S. Championship. . . . .15th	2000 Upper Great Lakes Regional . . . . . 1st
2005 Midwestern Sectional . . . . .4th	1999 State Farm U.S. Championships . . . . .14th
2005 Upper Great Lakes Regional . . . . . 1st	1999 Midwestern Sectional . . . . .4th
2004 Midwestern Sectional . . . . .8th	1999 Upper Great Lakes Regional . . . . . 2nd
2004 Upper Great Lakes Regional . . . . .4th	1998 Upper Great Lakes Regional, Junior . . . . .9th
2003 U.S. Collegiate Championships . . . . .3rd	1996 State Farm U.S. Championships, Novice. . . . .7th
2003 World University Games - Winter . . . . . 2nd	1996 Midwestern Sectional, Novice . . . . .3rd
2003 Midwestern Sectional . . . . .3rd	1996 Upper Great Lakes Regional, Novice . . . . . 1st
2003 Upper Great Lakes Regional . . . . . 2nd	1994 Midwestern Sectional, Intermediate . . . . .5th
2002 U.S. Collegiate Championships . . . . .6th	1994 Upper Great Lakes Regional, Intermediate . .3rd

### PERSONAL BEST

PROGRAM	INTERNATIONAL COMPETITION			U.S. QUALIFYING COMPETITION		
	ISU SCORE	EVENT	WORLD RANK	U.S. SCORE	EVENT	U.S. RANK
Short Program	--	--	--	44.80	2007 Midwestern Sectional	46
Free Skate	--	--	--	90.05	2007 Upper Great Lakes Regional	23
Total	--	--	--	134.71	2007 Upper Great Lakes Regional	23

### SKATING NOTES

- Lien started skating because her mom is a coach, and she went with her to the rink all the time
- Started in Basic Skills classes around age 3 and club skating around age 5

### PERSONAL NOTES

- Hobbies include snowboarding, hanging out with college friends and family and shopping
- Enjoys down time because she keeps busy balancing competitive skating and coaching
- Has earned her B.A. in exercise science with a minor in Spanish
- Plans to apply to graduate school in the next two to three years
- Hopes to become a certified strength and conditioning specialist within the year
- Wants to be a physical therapist and continue coaching